



## Bulldog Sports and Fitness Pricing

<u>Personal Training</u>	<u>Qty</u>	<u>Cost Per Session</u>	<u>Total</u>
<b>Base rate for 1 time assesment</b>	1	\$150.00	\$150.00
<b>Personal training packages</b>	12	\$125.00	\$1,500.00
	16	\$120.00	\$1,920.00
	24	\$115.00	\$2,760.00
	36	\$110.00	\$3,960.00
	48	\$105.00	\$5,040.00
	72	\$100.00	\$7,200.00
<b>Personal training in your home</b>	12	\$145.00	\$1,740.00
**Includes a \$20 home convenience fee per session	16	\$140.00	\$2,240.00
	24	\$135.00	\$3,240.00
	36	\$130.00	\$4,680.00
	48	\$125.00	\$6,000.00
	72	\$120.00	\$8,640.00
<b>Tandem personal training (2 people)</b>	12	\$175.00	\$2,100.00
	16	\$170.00	\$2,720.00
	24	\$165.00	\$3,960.00
	36	\$160.00	\$5,760.00
	48	\$155.00	\$7,440.00
	72	\$150.00	\$10,800.00
<b>Tandem personal training (2 people)</b>	12	\$195.00	\$2,340.00
**Includes a \$20 home convenience fee per session	16	\$190.00	\$3,040.00
	24	\$185.00	\$4,440.00
	36	\$180.00	\$6,480.00
	48	\$175.00	\$8,400.00
	72	\$170.00	\$12,240.00
<b>Adapted Sports and Fitness Training</b>	12	\$150.00	\$1,800.00
	16	\$145.00	\$2,320.00
	24	\$140.00	\$3,360.00
	36	\$135.00	\$4,860.00
	48	\$130.00	\$6,240.00
	72	\$125.00	\$9,000.00
<b>Adapted Sports and Fitness Training</b>	12	\$170.00	\$2,040.00
**Includes a \$20 home convenience fee per session	16	\$165.00	\$2,640.00
	24	\$160.00	\$3,840.00
	36	\$155.00	\$5,580.00
	48	\$150.00	\$7,200.00
	72	\$145.00	\$10,440.00



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	<u>Qty</u>	<u>Cost Per Session</u>	<u>Total</u>
<b><u>Adult Group Training and Classes</u></b>			
<b>Small Group Training</b>			
3-5 people	8		\$1,400.00
<b>Family Fitness Training</b>			
3-5 people	8		\$1,400.00
<b>Bootcamp</b>			
6-10 people	8		\$2,000.00
<b><u>Kids Training and Fitness Classes</u></b>			
<b>Kids 1 on 1 Fitness Training</b>			
	12	\$125.00	\$1,500.00
	16	\$120.00	\$1,920.00
	24	\$115.00	\$2,760.00
	36	\$110.00	\$3,960.00
	48	\$105.00	\$5,040.00
	72	\$100.00	\$7,200.00
<b>Kids 1 on 1 Fitness Training</b>			
**Includes a \$20 home convenience fee per session	12	\$145.00	\$1,740.00
	16	\$140.00	\$2,240.00
	24	\$135.00	\$3,240.00
	36	\$130.00	\$4,680.00
	48	\$125.00	\$6,000.00
	72	\$120.00	\$8,640.00
<b>Kids Sports and Fitness Small Group Training</b>			
3-5 kids	8		\$1,400.00
<b>Kids Sports and Fitness Class</b>			
6-10 kids	8		\$2,000.00
<b>Flag Football Class</b>			
Minimum of 14 kids, maximum of 28 kids	8		\$4,480.00
<b>Flag Football League</b>			
7 player team registration	6		\$1,470.00
Individual player registration	6		\$280.00
* Please note child will be place on a team			
<b>Summer Camp</b>			
2 hour session for 3-5 kids	5		\$1,250.00



## **Bulldog Sports and Fitness**

### **Pricing**

	<b>Cost</b>	
<b>Qty</b>	<b>Per Session</b>	<b>Total</b>
<b><u>Birthday Parties and Corporate Events</u></b>		
<b>Birthday Parties</b>		
		\$300.00
Base rate for 1 hour party for up to 20 kids		
Cost per additional child over initial 20 in base price		\$15.00
Additional optional costs		
* Handling of party details including t-shirts, party favors (such as footballs), confirmation of location, food etc.		\$100.00
** Please note client incurs actual costs associated with any of the above purchases by Bulldog Sports and Fitness for birthday		
* Coverage for birthday party by Bulldog Sports and Fitness Insurance Policy		\$50.00
* Music		\$100.00
<b>Corporate Sports and Fitness Event</b>		
		\$300.00
Base rate for 1 hour event for up to 20 people		
Cost per additional person over initial 20 in base price		\$15.00
Additional optional costs		
* Handling of party details including t-shirts, party favors (such as footballs), confirmation of location, food etc.		\$100.00
** Please note client incurs actual costs associated with any of the above purchases by Bulldog Sports and Fitness for birthday		
* Coverage for event by Bulldog Sports and Fitness Insurance Policy		\$50.00
* Music		\$100.00